

Touring Manifesto

This Touring Manifesto has been developed with the young artists of the Flying Fruit Fly Circus to ensure that we are delivering and performing the best version of the show to each and every audience member, that we continue the legacy and reputation of the Flying Fruit Fly Circus, and ensure that every member of the cast, crew and support team feel safe, respected and cared for during the tour.

1. Get enough sleep and rest - respect agreed bedtime (includes no mobile use after this agreed time)
2. Eat healthily, plenty of food but no rubbish
3. Take responsibility for your physical, mental and emotional health
4. Don't take unnecessary risks on days off or during training, try not to get injured.
5. Always try your hardest on stage, backstage and on tour around others. Don't push bad vibes onto anyone else - SHINE!
6. Be patient, listen.
7. Treat people nicely and comfort friends when they need it, we are a family on tour.
8. Respect the Director, trainers and tour management team. They are there to help you.
9. Be inclusive with your actions and your words, 'look behind you'
10. Stay organised with schoolwork and remember to bring homework on tour. Ask for help if you need it
11. Don't over pack
12. Stay hydrated - drink plenty of water
13. Please and thanks for everyone e.g. waiting staff, theatre workers, crew
14. Remember you are always representing the Flying Fruit Fly Circus - remember our history and where we have come from
15. Communicate how we are feeling with staff and ensemble (sore, tired)
16. Enjoy yourself
17. Keep in contact with friends and family
18. Trust your peers, don't put peer pressure on others, be trustworthy and understanding
19. Focus
20. Work together and work hard
21. Don't spread germs either at the venue or the accommodation
22. Be accepting and welcoming
23. Older artists help younger artists (and vice versa)
24. Have time to be alone and respect other people's privacy
25. Respect the venue - be a responsible artist
26. No phones when working – including while waiting for your turn on stage
27. Learn professional and positive conduct on social media - no posting about the show, about any issues with the show, about cast, crew or any company issues. This is up to the Flying Fruit Fly Circus to manage
28. Respect the accommodation - cleaning, keys, kindness to the staff
29. Follow the rules
30. Respect boundaries so discipline doesn't need to happen at all